

# REIMAGINING BEHAVIORAL HEALTH AND CARE



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# WE BELIEVE

Mental health care needs of people, and their caregivers, have been **under-identified** and **underserved** for far too long.

Learn more at [mindyra.com](https://mindyra.com)



# PROBLEM

## Understanding Behavioral Care Risk to Reduce Total Healthcare Costs

- ❖ No systematic collection of behavioral care data
- ❖ Few standards of care, often leading to misdiagnosis and higher cost than needed
- ❖ Inability to proactively reach patients in need leads to poor outcomes and congested EDs

**5.7% = 43.8%**

**40% ↑**

Note\*: Milliman study comprised of a commercially insured population of 21 mm people across the U.S. (ages 2-64)  
5.7% of the study population with high cost behavioral care contributed to 43.8% of all healthcare costs  
CDC reports approx. 40% of the population experiences one mental health or SUD condition over a year

# WHY NOW

- ❖ Our culture is ready and expects **better**
- ❖ Modern technology: making **better** possible
- ❖ The economic business case for **better** is compelling

# ROOTS OF INSPIRATION

**Bloomberg**

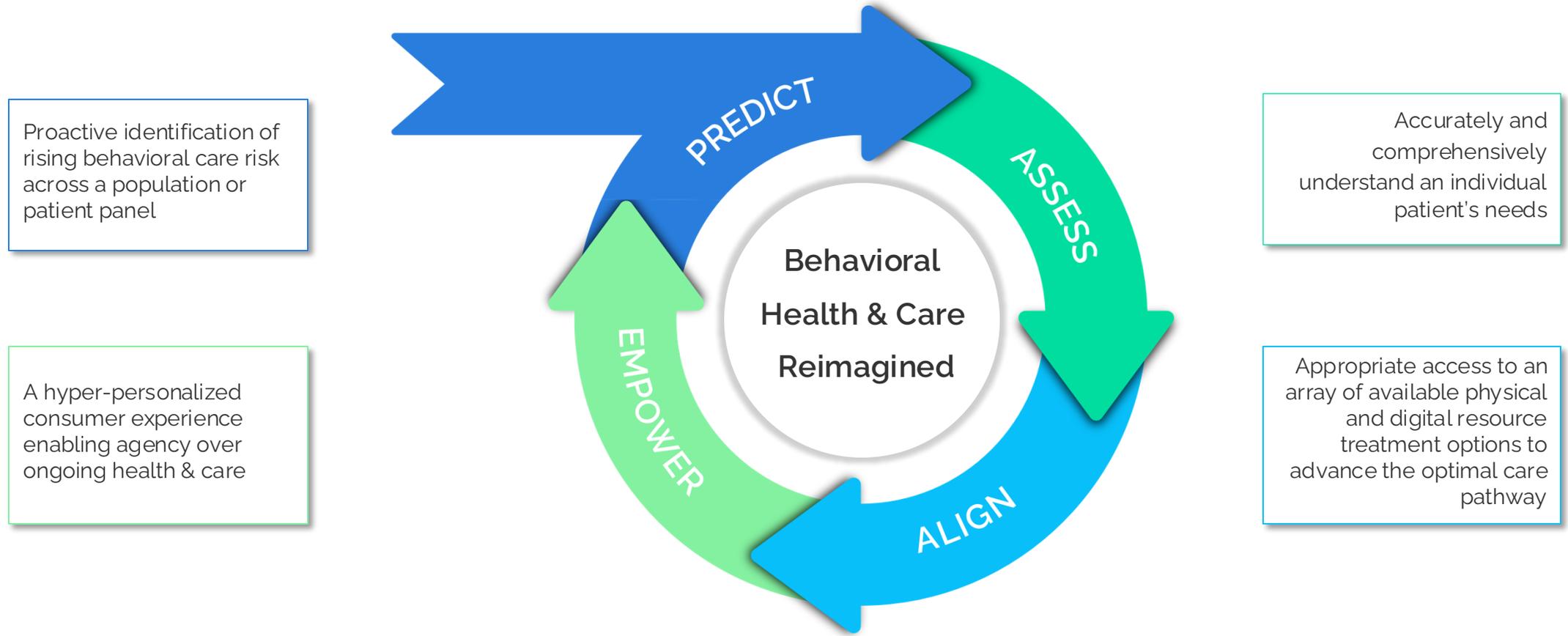


**Livongo**



# SOLUTION STRATEGY

Actionable Data as **Connective Tissue** Across a Fragmented Behavioral Health System



*\*Additional data captured at each step to further inform prediction of future needs*