



El Camino Hospital[®]

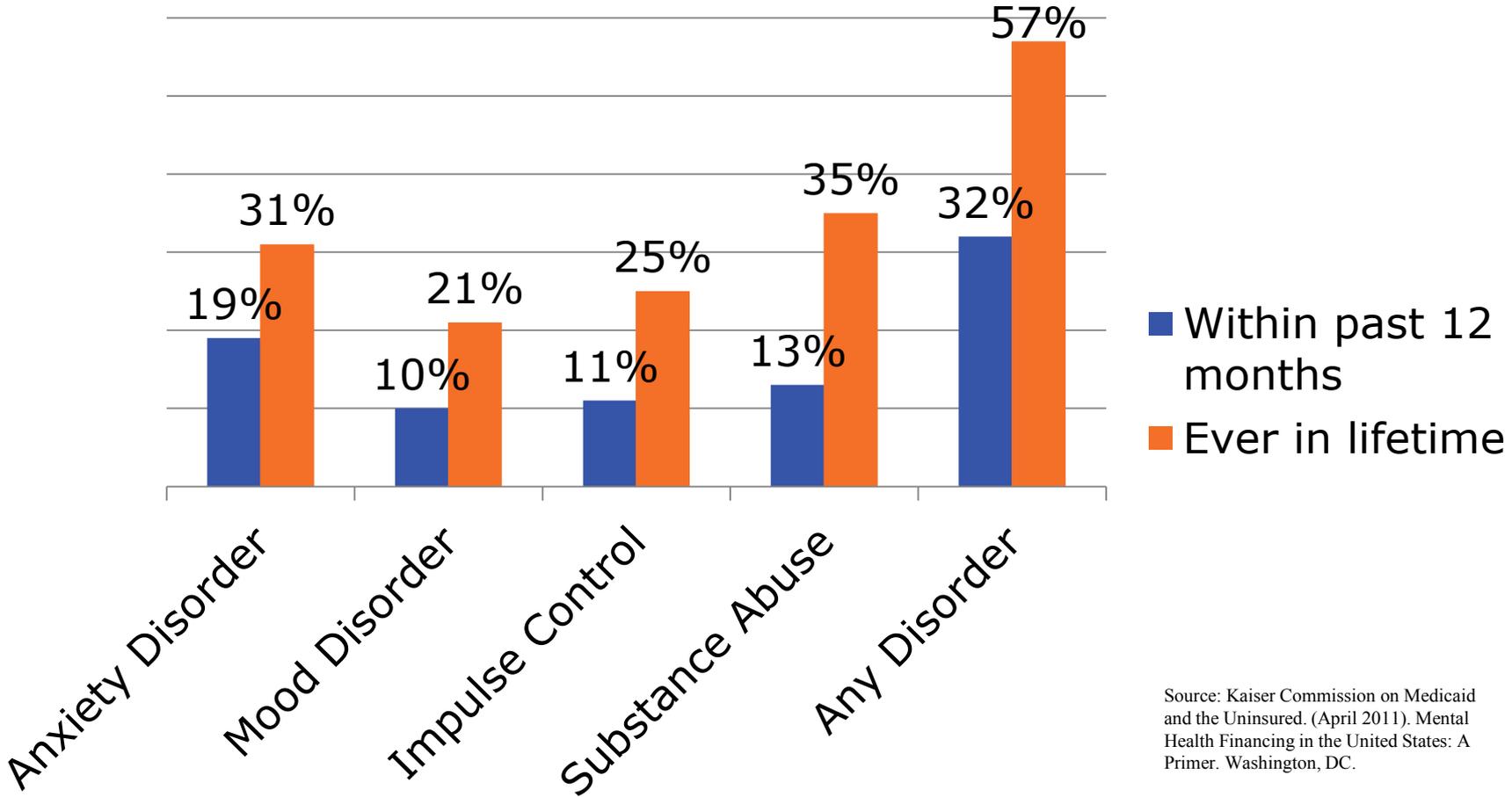
THE HOSPITAL OF SILICON VALLEY

Innovation in Youth IOP (ages 10-25)
The Leadership Institute Horizon Group Roundtable

Michael Fitzgerald, Executive Director Mental
Health and Addiction Services

April 2017

12-Month and Lifetime Prevalence of Mental Health Conditions



Source: Kaiser Commission on Medicaid and the Uninsured. (April 2011). Mental Health Financing in the United States: A Primer. Washington, DC.

Re-thinking Mental Health Conditions & Treatment

- **Are the lines so firmly drawn or do we live on a spectrum?**
- **What do people or their families living with serious conditions really want or need?**
- **What are the expectations of a hospital to provide services?**
- **Do you need everything to provide anything?**
- **What is the greatest unmet health care need in your community?**

Key Strategies for Hospital-Based Behavioral Health Services

Meet a Community Need for Services.

- Defining MH care that distinguishes a hospital
- Select a specific & significant community identified need
- Engage partners in the discussion and continuity of care
- Focus on Quality & Innovation
- **THINK DIFFERENT --**
- Meet direct costs --- consider the incremental overhead only
- Innovative specialty programs targeting specific underserved populations
 - Examples: perinatal mood, adolescent mood, addictions, seniors
- Collaborate with schools, medical providers, payors

WASC Accredited Intensive Outpatient Program (IOP) for youth and young adults



"The staff here is amazing and supportive. Everyone wants to see you thrive. You will learn skills that you will carry the rest of your life." –ASPIRE Graduate

ASPIRE Program